

rice bowls 8.19

Thai Chicken 550 cal

Asian Thai dressing, chicken, lettuce, carrots, cabbage, cucumber, black sesame seeds, white rice

Baja Queso 680 cal

Chicken, queso blanco, corn, salsa, lettuce, chipotle ranch, white rice

Frito Grande 690 cal

Chicken, Fritos® corn chips, refried beans, corn, queso, lettuce, chipotle sauce, white rice

Mexican 690 cal

Chicken, black beans, salsa, corn, red onion, cheddar jack, lettuce, chipotle ranch, white rice

Buffalo 590 cal

Spicy buffalo ranch, chicken, bacon, Gorgonzola, tomatoes, carrots, lettuce, white rice

KC BBQ 620 cal

Sweet Baby Ray's® BBQ sauce, chicken, bacon, corn, lettuce, cheddar jack, red onion, tomatoes, white rice

Power Protein Grain Bowl 720 cal

38g Black beans, chicken, egg, bacon, lettuce, cheddar jack, buffalo ranch, brown rice & quinoa blend

Meatless Mexican 710 cal

Quorn™ Meatless chicken, black beans, salsa, corn, red onion, cheddar jack, lettuce, chipotle ranch, white rice

 Substitute Quorn™
(10 cal)

CRAFT YOUR OWN

Choose white rice or brown rice & quinoa blend

• Add Chicken (60 cal) or Quorn™ (70 cal)

• Add Queso (160 cal)

 = VEGETARIAN



salads 8.99

✓ Caesar 440 cal

Romaine, tomatoes, parmesan, croutons,
Caesar dressing

✓ Southwest Chipotle 400 cal

Romaine, corn, black beans, tomatoes, cheddar jack,
salsa, tortilla strips, chipotle ranch dressing

Avocado Cobb 440 cal

Romaine, tomatoes, bacon, cheddar jack, parmesan,
egg, avocado lime ranch dressing

✓ Harvest 460 cal

Spinach, candied pecans, dried cranberries, feta
cheese, apples, balsamic vinaigrette

Add Chicken (60 cal) 1.69



✓ Substitute Quorn™
(10 cal)

✓ = VEGETARIAN

NEW! wild harvested açai bowls 7.99

PURE LIFE™ 330 cal

Organic açai, strawberries, blueberries,
granola, honey

NUTTY BOWL™ 480 cal

Organic açai, strawberries, bananas,
granola, Nutella®

AÇAÍ POWER™ 470 cal

Organic açai, strawberries, bananas,
granola, peanut butter

ALOHA BOWL™ 450 cal

Organic açai, pineapple, bananas,
granola, honey



HIGH PROTEIN SHAKES 8.99

PEANUT
BUTTER
COOKIE

53^g
PROTEIN

Yogurt, cookies 'n cream
protein, peanut butter
560 cal

SUPER
POWER
PROTEIN

48^g
PROTEIN

Yogurt, vanilla protein, chocolate,
peanut butter 740 cal

CHOCOLATE
FUSION

46^g
PROTEIN

Yogurt, chocolate, vanilla
protein 580 cal

END
ZONE

34^g
PROTEIN

Pomegranate-raspberry, bananas,
blueberries, vanilla protein
470 cal

COOKIES'N
CREAM

48^g
PROTEIN

Yogurt, cookies 'n cream
protein 440 cal

TKO

48^g
PROTEIN

Yogurt, blueberries, bananas,
peanut butter, vanilla protein
680 cal

BANANA
CRÈME

48^g
PROTEIN

Yogurt, bananas, vanilla
protein 510 cal

smoothies 7.19

100% **clean** ingredients | gluten free

WILD STRAWBERRY™

Strawberries, kiwi-lime

✓ 310 cal

ORANGE SUNRISE™

Pineapple, strawberries, bananas, orange

ⓓ 350 cal

GOIN' GREEN™ 1 Full Serving Fruits & Veggies

Kale, spinach, mango, pineapple

✓ 300 cal

TROPICAL THERAPY™

Pineapple, kiwi-lime, coconut

✓ 420 cal

SUPER FUEL™ 2.5 Servings Fruits & Veggies

Orange, pineapple, strawberries, apples, 4 organic veggies

ⓓ 290 cal

MAUI MANGO™

Mango, strawberries, bananas

✓ 380 cal

LIME BERRY™

Strawberries, pineapple, kiwi-lime, orange

ⓓ 340 cal

SUPER C™ 620mg Vitamin C

Strawberries, pineapple, bananas, orange, immunity boost

ⓓ 360 cal

BANGIN' BERRY™

Pomegranate, raspberries, blueberries, bananas

✓ 380 cal

AÇAÍ ENERGY™ Brazilian Superfruit

Organic Açaí, strawberries, bananas, blueberries

✓ 390 cal

MANGO ME CRAZY™

Mango, pineapple

✓ 340 cal

BERRY BURN™

Strawberries, bananas, metabolizer boost

✓ 320 cal

LUCKY 7™ Blended with 7 Fruits

Pomegranate, raspberries, blueberries, mango, peach, strawberries, bananas

✓ 440 cal

CARIBBEAN CRAZE™

Bananas, strawberries

✓ 310 cal

PEACH ON THE BEACH™

Peaches, strawberries, mango, orange

ⓓ 360 cal

PB PROTEIN™ 29g Protein

Peanut butter, bananas, cocoa, yogurt, protein

ⓓ 640 cal

BOOSTS .99 ea.

- Energy 5 cal
- Protein 35 cal
- Immunity (500mg C) 10 cal

✓ = VEGAN

ⓓ = DAIRY

2,000 calories a day used for general nutrition advice, but calorie needs vary.
Additional nutritional information available upon request.

