

# BOWLS



## SOUTHWESTERN

**550 CAL \$9.59**

Brown rice, pork, black beans, red onion, jalapenos, cilantro, chedd'r crisps and ranchero sauce



## MEDITERRANEAN

**770 CAL \$9.59**

Quinoa, chicken, tomatoes, mushrooms, broccoli, banana peppers, crispy chickpeas and lemon herb vinaigrette



## HARVEST


**710 CAL \$9.59**

Quinoa, kale, chicken, butternut, beets, green beans, cranberries, sunflower seeds and balsamic vinaigrette



## HEARTY PORTOBELLO

**650 CAL \$9.59**

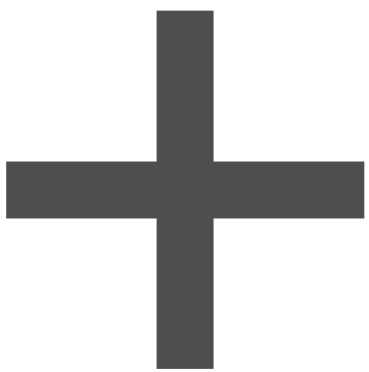
Quinoa, spinach, portobello, peppers, green beans, sunflower seeds, chedd'r crisps and balsamic vinaigrette 



## ASIAN NOODLE

**660 CAL \$9.59**

Rice noodles, chicken, carrots, broccoli, jalapeno, cilantro, scallions, and sweet chili dressing



## DESSERTS + ADD ONS

CHOCOLATE CHIP COOKIE	\$2.39
ADD AN EXTRA PROTEIN (CAL 70-240)	\$2.79
EXTRA TOPPINGS (CAL 0-80)	\$0.89

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
Additional nutrition information available upon request.

# CUSTOM \$9.59

## 1. SELECT A BASE

### UP TO TWO

- Quinoa Lentil Blend (cal 210)
- Cilantro-Lime Brown Rice (cal 320)
- Kale (cal 30)
- Rice Noodles (cal 420)
- Spinach (cal 20)

## 2. SELECT YOUR PROTEIN

### CHOOSE ONE (additional selections \$1.99)

- Chicken (cal 110)
- Pulled Pork (cal 240)
- Grilled Portobello Mushroom (cal 70)

## 3. SELECT YOUR TOPPINGS

### UP TO FOUR (additional selections \$0.29)

- Green Beans (cal 15)
- Jalapeno Peppers (cal 5)
- Banana Peppers (cal 50)
- Carrots (cal 15)
- Grape Tomatoes (cal 10)
- Red Onion (cal 5)
- Pineapple (cal 25)
- Roasted Butternut Squash (cal 40)
- Roasted Beets (cal 25)
- Roasted Broccoli (cal 25)
- Roasted Red Peppers (cal 30)
- Roasted Mushrooms (cal 45)
- Black Beans (cal 40)

## 4. SELECT YOUR SAUCE

### CHOOSE ONE

- Balsamic Vinaigrette (cal 120)
- Ranchero (cal 50)
- Sweet Chili (cal 140)
- Lemon Herb Vinaigrette (cal 150)
- Citrus BBQ (cal 150)

## 5. ADD A SPECIAL TOPPING

### SELECT UP TO TWO

- Cilantro (cal 90)
- Scallions (cal 90)
- Roasted Chickpeas (cal 50)
- Dried Cranberries (cal 30)
- Sunflower Seeds (cal 50)
- Vegan Chedd'r Crisps (cal 35)

We rely on our vendors' allergy warnings and ingredient listings. Because we operate a commercial kitchen where cross-contact with allergens is possible, we cannot guarantee that any food item will be completely free of allergens.