

BOWLS



SOUTHWESTERN


560 CAL [[\$9.09]]

Brown rice, pork, black beans, red onion, jalapenos, cilantro, chedd'r crisps and ranchero sauce



HEARTY PORTOBELLO

650 CAL [[\$9.09]]

Quinoa, spinach, portobello, peppers, green beans, sunflower seeds, chedd'r crisps and balsamic vinaigrette 



MEDITERRANEAN

770 CAL [[\$9.09]]

Quinoa, chicken, tomatoes, mushrooms, broccoli, banana peppers, crispy chickpeas and lemon herb vinaigrette



ASIAN NOODLE

660 CAL [[\$9.09]]

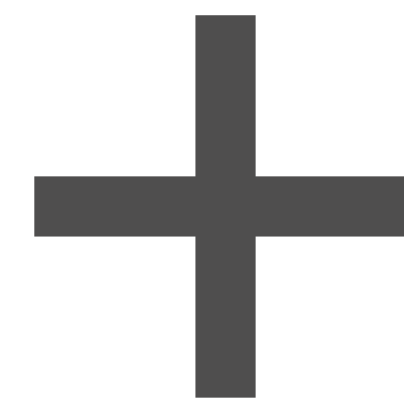
Rice noodles, chicken, carrots, broccli, jalapeno, cilantro, scallions, and sweet chili dressing



HARVEST

710 CAL [[\$9.09]]

Quinoa, kale, chicken, butternut, beets, green beans, cranberries, sunflower seeds and balsamic vinaigrette



ADD ONS

ADD AN EXTRA PROTEIN (CAL 70-240) [[\$1.99]]

EXTRA TOPPINGS (CAL 0-80) [[\$.29]]

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

CUSTOM [[\$8.79]]

1. SELECT A BASE

UP TO TWO

- Quinoa Lentil Blend (cal 90)
- Cilantro-Lime Brown Rice (cal 140)
- Kale (cal 10)
- Rice Noodles (cal 420)
- Spinach (cal 10)

2. SELECT YOUR PROTEIN

CHOOSE ONE (additional selections [[\$1.99]])

- Chicken (cal 100)
- Pulled Pork (cal 210)
- Grilled Portobello Mushroom (cal 70)

3. SELECT YOUR TOPPINGS

UP TO FOUR (additional selections [[\$.29]])

- Green Beans (cal 15)
- Jalapeno Peppers (cal 15)
- Banana Peppers (cal 0)
- Carrots (cal 15)
- Grape Tomatoes (cal 10)
- Red Onion (cal 10)
- Pineapple (cal 25)
- Roasted Butternut Squash (cal 40)
- Roasted Beets (cal 25)
- Roasted Broccoli (cal 25)
- Roasted Red Peppers (cal 30)
- Roasted Mushrooms (cal 45)
- Black Beans (cal 40)

4. SELECT YOUR SAUCE

CHOOSE ONE

- Balsamic Vinaigrette (cal 330)
- Ranchero (cal 25)
- Sweet Chili (cal 140)
- Lemon Herb Vinaigrette (cal 280)
- Citrus BBQ (cal 150)

5. ADD A SPECIAL TOPPING

SELECT UP TO TWO

- Cilantro (cal 0)
- Scallions (cal 0)
- Roasted Chickpeas (cal 130)
- Dried Cranberries (cal 30)
- Sunflower Seeds (cal 50)
- Vegan Chedd'r Crisps (cal 30)

We rely on our vendors' allergy warnings and ingredient listings. Because we operate a commercial kitchen where cross-contact with allergens is possible, we cannot guarantee that any food item will be completely free of allergens.